

## PACKING LIST FOR HAITI

<b>GENERAL ITEMS</b>	<input type="checkbox"/> Reading material
<input type="checkbox"/> Passport	<input type="checkbox"/> Personal snack food (if desired)
<input type="checkbox"/> Airline Tickets	<input type="checkbox"/> Journal
<input type="checkbox"/> Money -- \$100 USD	<b>CLOTHES</b>
<input type="checkbox"/> Toiletries	<input type="checkbox"/> Pants/shorts (suggest lightweight pants for days)
<input type="checkbox"/> Prescription medication	<input type="checkbox"/> Shirts
<input type="checkbox"/> Washcloth/shampoo	<input type="checkbox"/> Light rain jacket
<input type="checkbox"/> Extra toothbrush, in case of water contamination	<input type="checkbox"/> Casual clothes for evenings
<input type="checkbox"/> Hand sanitizer	<input type="checkbox"/> One casual outfit for final dinner
<input type="checkbox"/> Anti-malaria medication (if taking)	<input type="checkbox"/> Undergarments
<input type="checkbox"/> Dramamine, Imodium A-D, Pepto-Bismol	<input type="checkbox"/> Work boots/shoes/sneakers, with traction soles
<input type="checkbox"/> Kleenex/Wipes	<input type="checkbox"/> Tall socks (if wearing shorts)
<input type="checkbox"/> Sunscreen & Lip Balm	<input type="checkbox"/> Flip flops (for guest house)
<input type="checkbox"/> Reusable Water Bottle (water will be provided)	<input type="checkbox"/> Sun hat
<input type="checkbox"/> Insect repellent (with DEET)	<input type="checkbox"/> Small backpack or waist pack
<input type="checkbox"/> First aid kit (small)	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Camera and/or Phone	<input type="checkbox"/> Extra pair glasses/contacts
<input type="checkbox"/> Small flashlight	<input type="checkbox"/> Earplugs