

## Ideas for Interacting with Children/Families in Honduras

During your time in Honduras, you will have many opportunities to engage with local children and their families. Here are some ideas for interaction, as well as suggested items you can bring to share.

### Things to Bring

- ◆ Digital cameras. The children find digital cameras fascinating. If you allow them to see the photos taken, it engages and amazes them.
- ◆ Favorite hand games.
- ◆ String or yarn for finger games.
- ◆ Bubbles.
- ◆ Hair ribbons and barrettes.
- ◆ Flash cards.
- ◆ Stickers.
- ◆ Granola bars.
- ◆ Small candies.
- ◆ Books in Spanish.
- ◆ Soccer balls and pumps.
- ◆ School supplies.
- ◆ Toothbrushes and toothpaste (ask a dentist in your community for donations)
- ◆ Crayons/coloring books



*Note: Please do not bring gum for the children.*

If you want to bring food, consider a supply of granola bars. Children and adults are often hungry and very appreciative of healthy snacks.

**Whatever you decide to bring, please be sure to have enough to hand out to an entire group. This could be a family of 4-6, a school of 40-80, or a community of 100+ during medicine distribution. The adults in Honduras appreciate receiving the same treats that are given to their children. If you don't have enough, we will give it to the health clinic to distribute.**

We encourage you to think of other ways to connect with these children. They will certainly want to interact with you. Sometimes simply holding their hands, smiling at them, or holding them is all that these children need to laugh and smile.